

Paddock Specials Board

Theme: Springtime Week of 4/20-4/24

<p>ART: Like Ms. Unger's Art Room on Facebook for more activities. Plant or Flower Drawing Find a plant or flower (inside or outside), observe it (look closely), and practice drawing it. Color it with crayons or markers.</p>	<p>Make a bird - Fold a paper plate or cardboard circle in half. (You could use a cereal box.) Paint or color both sides for the body of the bird. Add eyes, a beak, and use paper scraps for wings and feathers.</p>	<p>Make a butterfly - fold a piece of paper in half. Along the fold, draw half the body and one of the wings. Keep folded as you cut it out. Decorate both wings so they are symmetrical (the same)</p>
<p>MUSIC: Like Mrs. Nichols Music Class on Facebook for more activities. Practice singing the ABC's while you wash your hands</p>	<p>Listen outside for different bird songs. See if you can imitate them with your voice.</p>	<p>Make a shaker instrument with a plastic easter egg or a small box with rice, beans or beads and shake along to a song on the radio.</p>
<p>P.E.: Go for a walk with your family. Look for spring flowers. How many different types of spring flowers did you see?</p>	<p>Rainbow Scavenger Hunt *See attached poster</p>	<p><u>Springtime Dance</u> Click the link above to join Jack Hartmann in the Springtime Dance.</p>
<p>TECHNOLOGY: Spring into coding: Cut out the attached squares and put them face down. Then turn a square over and have a family member or action figure/doll do that block of code. Repeat 10x</p>	<p>Watch this video: https://www.youtube.com/watch?v=8rOnMI26dR8 "Power of Words" Draw a picture or write a few sentences of how you treat others online.</p>	<p>The word <i>Technology</i> refers to tools and machines that may be used to solve real-world problems. Pretend you're an inventor and create/make something that could help you pick-up a pencil, marble, toy or anything else. **But you can't do it with your hands or feet.</p>

RAINBOW EXERCISE SCAVENGER HUNT

FIND 2 THINGS
THAT ARE **RED**



5 JUMPING JACKS

FIND 2 THINGS
THAT ARE **YELLOW**



5 PUSH-UPS

FIND 2 THINGS
THAT ARE **ORANGE**



**RUN IN PLACE FOR
30 SECONDS**

FIND 2 THINGS
THAT ARE **GREEN**



**DO YOUR FAVORITE
STRETCH FOR
15 SECONDS**

FIND 2 THINGS
THAT ARE **BLUE**



5 SIT-UPS

FIND 2 THINGS
THAT ARE **PURPLE**



5 SQUATS

Technology: Spring into Coding